

Fee Schedule
Effective 9th December 2025

	Remote - video or telephone call	Face to face
Consultant Psychiatrist		
New patient psychiatric assessment and consultation (up to 55 minutes)	£630	£665
Extended psychiatric assessment and consultation (up to 85 minutes)	£945	£995
Consultant psychiatrist routine psychiatric follow-up (up to 25 minutes)	£295	£320
Consultant psychiatrist psychotherapy session or extended follow-up consultation (up to 55 minutes)	£520	£560
Consultant psychiatrist trauma-focused psychotherapy session or extended follow-up consultation (up to 85 minutes)	£775	£835
Psychiatrist letters, report writing, preparation, reading time, writing and other report related admin (per 15 minutes of time spent)	£150	£150
Psychiatrist reading emails, preparing response to emails, writing response to emails and other email admin (per 5 minutes)	£50	£50
Attention-deficit hyperactivity disorder (ADHD) assessment (includes ADHD measures, up to 2 hours assessment and 25 minute outcome appointment)	£2,340	£2,460
Autism spectrum condition (ASD) assessment (includes ASD measures, up to 4 hours of assessment and 25 minute outcome appointment)	£3,200	£3,315
Eating disorder assessment (2 hours)	£1,260	£1,330

Clinical Psychologist

Clinical Psychologist individual assessment (up to 85 minutes)	£390	£425
Clinical Psychologist individual therapy and report writing (up to 55 minutes)	£260	£285
Clinical Psychologist couple therapy assessment (up to 85 minutes)	£505	£545
Clinical Psychologist couple therapy session (up to 55 minutes)	£340	£365

Clinical psychologist report writing, preparation, reading time, responding to emails, letter writing and other admin (per 15 minutes of time spent)

£110

Cognitive Behavioural Psychotherapists

Senior Cognitive-Behavioural Psychotherapist assessment session (up to 85 minutes)	From £300	From £360
Senior Cognitive-Behavioural Psychotherapist psychotherapy session (55 minutes)	From £205	From £240

Occupational Therapy

Specialist occupational therapist assessment (up to 6 hours of clinical assessment and 6 hours of report writing)	£2,350	£2,800
Specialist occupational therapist (1 hour)	£295	£350

Occupational therapy travel time is chargeable at hourly rate plus travel expenses

Multidisciplinary Team (MDT) Case Management

Ongoing clinical coordination, case review, and multidisciplinary formulation updates for patients open to the Bloomfield Health MDT. Covers time spent in internal meetings, documentation, and liaison necessary for safe, effective shared care.

Standard MDT oversight (per month)

Routine multidisciplinary case review and coordination.	£75
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Enhanced MDT oversight (per month)

Enhanced MDT involvement for complex or at risk cases.	£125
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Social work

Consultant social work practitioner	£170	£260
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Safeguarding and statutory liaison

Time spent preparing, documenting, and liaising with statutory or safeguarding agencies (e.g. local authority social care, MARAC, MAPPA, or other multi-agency forums) arising from clinical care.	As per hourly rate of clinician	
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Specialist Tests

Pharmacogenetic testing including clinical psychopharmacology case discussion exclusive of follow-up consultation fee	£1,400	-
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Blood tests	Upon request	
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Prescription fees

Repeat prescription fee outside consultation (non-controlled drugs) – per prescription	£40	
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Repeat prescription fee outside consultation (controlled drugs) – per prescription	£80	
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Controlled drug prescription fee issued within a consultation – per item	£40	
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Shared Care Agreement

To enter a new shared care agreement for prescribing	£250	
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Annual review of existing shared care agreement for prescribing	£150	
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Discounts for Block Bookings:

- Book 5 appointments in advance and receive a **5% discount** on the total cost.
- Book 10 appointments in advance and receive a **10% discount** on the total cost.

Applicable to psychiatric follow-up appointments and psychological therapy sessions for self-funded patients only.

Please note that all appointments must be paid for or have active medical insurance authorisations in advance in order for the appointment to be confirmed and therefore proceed with the booking. Existing patients in regular therapy are able to pay by monthly bill only by advanced agreement with the practice.